



THE BINNACLE

Summer Solstice, June 2005

COMMODORE'S LOG

Our season has finally begun. After a decidedly poor spring, the season was recently jump-started with a welcome period of mid-summer weather. The clubhouse and docks look tremendous thanks to Dave Marks and staff, and our race season officially began on June 4th.

We mourn the sudden loss of long-time member Lois Weltman on June 6th. Our club flag was flown at half mast in her memory, and we send our prayers and sympathies to the Weltman family.

On a happier note, over 240 people were on hand to welcome our eight new members to the club at the New Member Party on May 27th. It was a wonderful evening highlighted by the first clear skies in weeks. Many thanks to Dawn Murphy, Stacey Weaver and spouses for pulling together this event. If you have not had a chance to meet our new members please make of point of welcoming them and pointing them in the right direction if they need any assistance. Our Cocktails on the Porch had 110 in attendance on beautiful June evening thanks to the efforts of Suzanne Gundersen and Jen Lord.

There's an abundance of club events and activities to get involved in this summer. The newest is our Adult Sailing Program. In its second season, it's an ideal way to get involved with the club, meet new people and of course learn all about sailing from a great bunch of volunteer instructors. They are always looking for more instructors and students, so please contact Steve Brown or Betts Murray if you have any interest.

Other upcoming events are the Sullivan Regatta for 210s on June 18th and 19th, the start of our Junior Activities Program during the week of June 20th, our 4th of July Party on July 1st, our Fishing Tournament on July 16th, and Waterfront Weekend on July 23rd. Looking forward to August are the Summer Cruise (to Maine this year) and the 210 National Championship Regatta which we are hosting. Please take a minute to read more about these events in this issue and get involved if you are interested.

It's been a long wait – enjoy the season while it's here.

- Matt Steele, Commodore

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www.CohassetYC.org

CYC 2005 EXECUTIVE COMMITTEE

Matt Steele - Commodore
 Wisner Murray - Vice Commodore
 Dan Evans - Staff Commodore
 Lynn Conway - Secretary
 Grace Evans - Treasurer
 Charlie Higginson - At-large
 Melissa Browne - At-large

Gary Vanderweil - Former Commodore
 Jay Murphy - Race Committee Co-Chair
 Eric Crews - Race Committee Co-Chair
 Kathleen O'Donnell - Race Committee Co-Chair
 Peter Pearce - House Committee Chair
 Stacey Weaver & John Beck - Entertainment Co-Chairs
 Dawn & Jay Murphy - Entertainment Co-Chairs

Dave Calhoun - Junior Activities Co-Chair
 Lydia Everett - Junior Activities Co-Chair
 Mary Whitley - Cruising Committee Co-Chair
 Tucker Collins - Cruising Committee Co-Chair
 Woody Chittick - Membership Chair, Former Commodore
 Charlie Dean - Former Commodore
 Bob Jordan - Nominating Committee Chair
 Samuel Wakeman - Former Commodore

FROM THE DESK OF AUGUSTA WYND

The club is in full swing with lots of exciting social and boating events coming up. Please keep checking our Web site, www.cohassetyc.org, for details.

We have eight families joining us as new members this year. Please make everyone feel welcome – either on the docks or on the water.

Charlie Henry is looking for volunteers to help with the 210 Nationals, which will be held at CYC on August 10th – 14th. This is an honor for our club – please contact Charlie if you can help at (781) 910 5886 or e-mail at CHenry1054@aol.com.

Welcome to summer!

- Augusta Wynd, Editor

SAVE THE DATE - 2005 CYC FISHING TOURNAMENT

Saturday, July 16th

Shotgun sounds at 6:00 am

\$25 per member

Fish must be on the dock by 11:30 am

Awards ceremony to follow immediately after the weigh in (for the fish!)

Watch the club's bulletin board and www.cohassetyc.org

for sign-up and related info

or

call Todd Brown at 781-383-2817

WATERFRONT WEEKEND

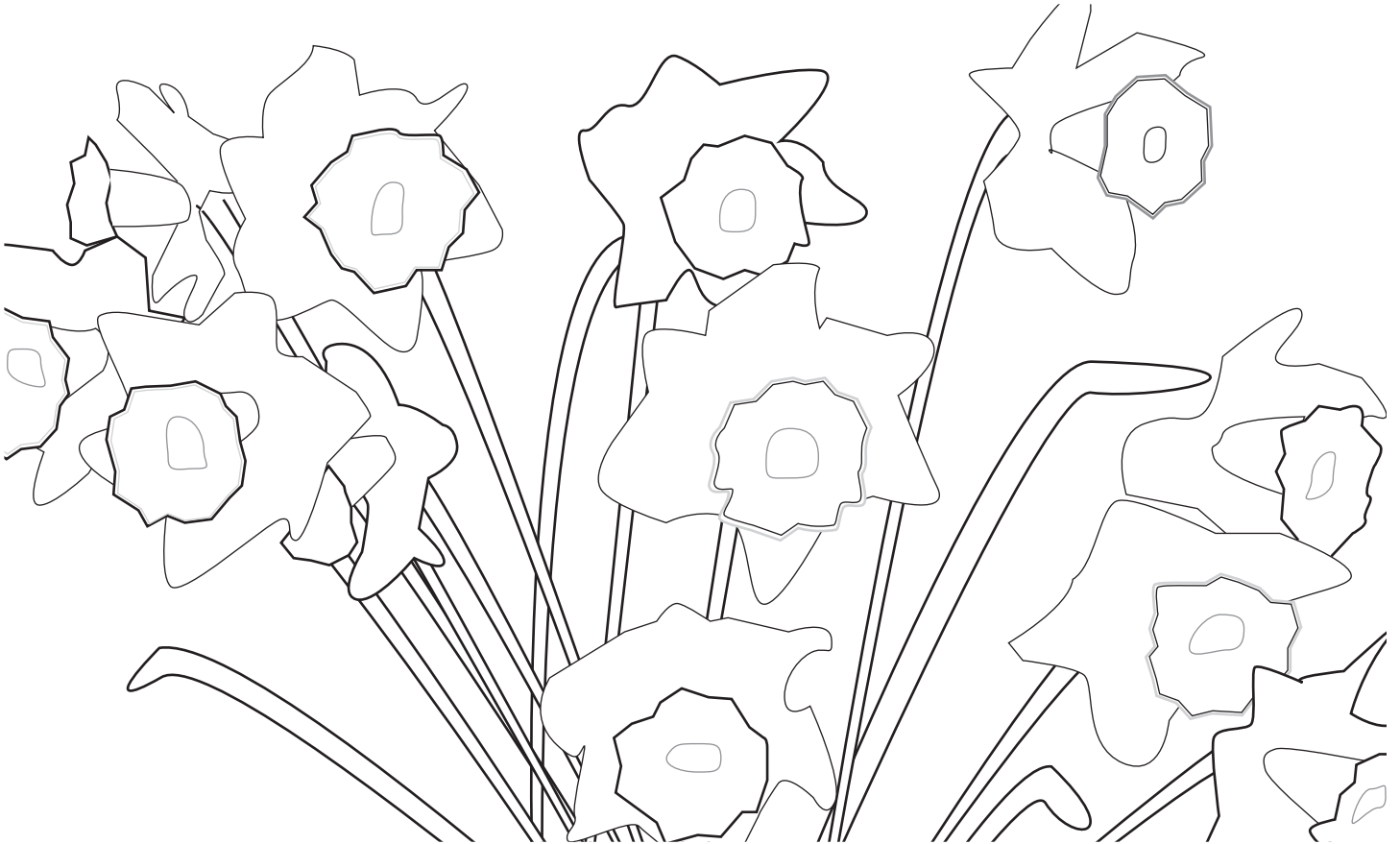
Please mark your calendars for Saturday July 23rd. Help us celebrate the Waterfront Weekend and join for us for a few hours of family fun! Let the sounds of the Caribbean steel drum lure you in from the water for a late summer afternoon bar-beque and special events planned for the entire family!

- Kellie Gaumer, Event Co-Chair



IN MEMORIAM

The club mourns the passing of Lois Weltman on June 6th. Lois had a tremendous love for life and all people. She was an active volunteer, serving as the president of Shelter, Inc. and the Boston Children's Theatre. She was also a director of the United Community Planning Corporation before it merged with the United Way. She leaves her loving husband, David, four children and three grandchildren. Our condolences go out to the Weltman family.



CORRECTIONS & ADDITIONS

Please note the following corrections/additions to the Membership Directory listing:

Astley, Andrew F. & Kristen S. – F (1996) (781) 383-2962
Ben, Maggie & Charlotte
266 South Main Street, Cohasset 02025
theastleys@comcast.net
19' Grady White

Steele, Daniel & Stacey – F (2004) (781) 383-6637
Charles, Cameron, Emma, & Elizabeth
134 South Main Street, Cohasset 02025

210 NATIONAL CHAMPIONSHIP REGATTA

- YOUR HELP IS NEEDED

As part of the organizing committee for 210 Nationals, I am in charge of recruiting a handful of CYC members to assist the CYC Race Committee in hosting the 210 National Championship Regatta scheduled for August 10th - 14th, 2005 (Wednesday afternoon - Sunday afternoon). Four to six members are needed to drive the support boats which will work directly with the CYC Race Committee's Primary Race Officer (to be determined) to help set marks, call the starting line, and assist the committee as needed. Please note that knowledge of racing is not necessary, and even if you do not know how to drive a power boat we can match you up with someone that can. We would like to have two to three boats with two adults in each boat. This is a great opportunity to see some exciting racing and help out the CYC 210 Fleet!

This year is the 60th anniversary of the 210 Class! The 210 National Championship Regatta will be a very exciting event and we hope that you will consider volunteering. Cohasset's fleet has 18 210s and we expect to see thirty boats or more on the starting line for the 210 Nationals. I hope that you will consider our request and help keep the 210 spirit alive!

Anyone who is interested in volunteering, please call me at (781) 910 5886 or e-mail at CHenry1054@aol.com.

- Charlie Henry, President, International 210 Class

COME CELEBRATE YOUR INDEPENDENCE

Be sure to bring your dancing shoes to CYC's annual July 4th Dinner Dance on Friday evening, July 1st, 2005. CYC has booked Boston's award-winning "Chris Fitz Band" to play in the clubhouse after dinner. A favorite at Mount Blue and other live music venues, Chris Fitz has won both "Outstanding Acoustic Musician" and "Outstanding New Blues Act" awards.

Despite Chris's success, he and his two accompanying musicians are no strangers to yacht club dances. Rhode Island's Barrington Yacht Club has booked them three years in a row for their annual dinner dance. BYC's entertainment committee member Muffy Sullivan describes Chris Fitz as a "fun and very danceable band" for yacht club members of all ages!

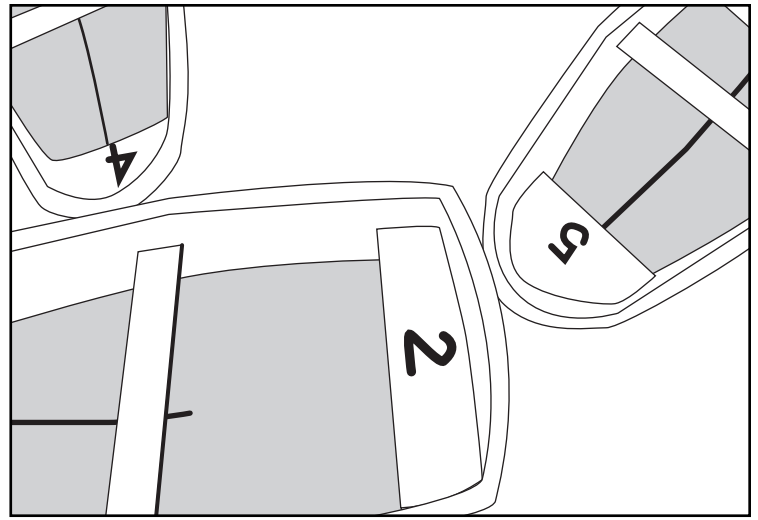
Cocktails begin promptly at 6:00 pm in the clubhouse, followed by dinner under the tent at 7:30 pm. Plated salads will be set at each table, and Z-Chef will be serving an elegant buffet of Grilled Black Angus Sirloin and local Schrod Portofino.

Reservations will be accepted for full tables of nine or ten, and "open seating" tables will be set for those who prefer to sit with smaller groups of friends. As always, guests are welcome, so start planning now!

Keep a lookout for the lovely invitation designed by talented co-host Elizabeth Naughton. Please be sure to reply, whether or not you plan to attend, by Wednesday, June 22nd. Call Judy Tedeschi at 383-1361 if you have any questions.

Hope you see you there!

- Judy Tedeschi, Event Co-Chair



CYC SUMMER CRUISE

The 2005 CYC Summer Cruise will return to Penobscot Bay this year during the week of August 22, 2005.

In upcoming meetings the committee will discuss destinations in Penobscot Bay and plan an itinerary. The CYC cruise has visited the following spots in the past: Seal Cove (Holts), Seal Bay (Vinalhaven), Pulpit Harbor, Castine, Buck Harbor, Southeast Harbor (Deer Island), Prettymarsh Harbor, Frenchboro, McGlathery Island, Opechee Island, Valley Cove (Some Sound), Northeast Harbor (and Southwest Harbor), Burnt Coat Harbor, St George River (Ford's camp) and Christmas Cove.

In addition to revisiting some of the favorite anchorages, the Committee will consider the following new destinations: Long Cove (Tenants Harbor), High Island Harbor (Muscle Ridge), Camden, Barred Islands, Isleboro, Isle au Haut, Hells Half Acre (Bold & Devil), Mackerel Cove (Swan Island) and Blue Hill. Going further east Winter Harbor (Frenchman Bay), Mud Hole (Great Wass), Mistake Island, Cows Yard or Roque. As always thoughts or opinions are welcome.

The Embassy Guides cruise guide on the Maine Coast or the Cruising Guide to the Maine Coast by Hank and Jan Taft were recommended for planning purposes.

To facilitate members chartering boats for the Summer Cruise a list of fleets was obtained:

Bay Island Yacht Charters (Rockland, ME)

Phone 800-421-2492; www.sailme.com

Classic Charters (Wiscasset, ME)

Phone 207-882-5448; www.bareboatme.com

Hinckley Yacht Charters (Southwest Harbor, ME)

Phone 800-492-7245; www.hinckleycharters.com

Johanson Boatworks (Rockland, ME)

Phone 877-456-4267; www.jboatworks.com

Morris Yachts (Bass Harbor, ME)

Phone 888-869-2320; 207-244-5511; www.morrisyachts.com

Please plan to join us.

- Mary Whitley, Co-Chair, Cruising Committee

JUNIOR ACTIVITIES

Hop Aboard! The Junior Program is readying to set sail – instructors are prepping beginning the week of June 20th, boats are in the racks, the docks are filling and summer is finally here.

Please check the Junior Activities section of our Web site (cohassetyc.org) for up-to-date information and scheduling details throughout the summer. Due to the late date of summer recess for Cohasset schools, instructors will arrange for after-school extra-hours sailing the week of the 20th. Saturday the 25th in the morning may also be scheduled for instructor guided sailing and "pick-up" races. Further information on "Kids Learn to Sail" classes for older kids and extra hours for sailing with your friends before the program officially starts will be also be listed on the Web site. Come on by and get the cobwebs out and the Opti in the water!

Orientation Schedule on June 26th – Our Sunday Night Orientation and Ice Cream Party is an annual event. Come meet the instructors who will be teaching your kids, make sure the Opti is ready to go, and gather up information sheets, schedules and fun facts about the coming season at CYC. Oh, and don't forget to have some ice cream.

Opti rigging check-out and review Sunday June 26th, 4 pm - 5 pm at CYC
Orientation/meet the instructors Sunday June 26th, 5 pm - 6 pm at CYC
5:00 pm – Sailor Orientation and Ice Cream Party
5:30 pm – Parent Orientation (kids will play outside with instructors)

Swim Test - All Mariners, all White flags and any sailors new to the CYC program must pass a swim test before the first day of sailing class. **There will be no exceptions.** The swim test will take place at the Noon's pool (11 North Main Street, Cohasset), on Thursday June 23rd between 3:30 pm and 5:00 pm, and Friday June 24th between 3:30 pm and 5:00 pm. The instructors will run the test in the pool and parents will not be allowed to be present in the pool area when their children take the test. The test includes swimming laps and treading water followed by putting a lifejacket on while in the water. Each sailor must bring his/her life jacket that day as putting the life jacket on in the water is part of the test.

In order to watch each sailor's test we will be running tests for groups of four at a time in 15-minute segments. Please email Lydia Guild at ljguild@uvm.edu to set up a time: 3:30 pm, 3:45 pm, 4:00 pm, 4:15 pm or 4:30 pm on Thursday or Friday. Please specify your child's name and the time you would like.

Equipment and Logistics - Please label all equipment. Each sailor needs a properly fitting life jacket, with a whistle attached, and closed-toe shoes. Daily sunscreen applications are highly recommended. Sailors are expected to have completed an equipment check on their boats prior to the beginning of the program.

Volunteer Opportunities - All hands on deck needed for the following: instructor cookout, sailing orientation & ice cream social, Wednesday night sailing, flag day trips, beach overnight, scavenger hunt, family pot luck, awards and slide shows. Also, several photographers are needed for each level of the sailing program. Please put your skills to work and sign up for these volunteer activities at orientation night.

See you on the docks!

- Lydia Everett and Dave Calhoun, Co-Chairs, Junior Activities Committee

HOUSE COMMITTEE NEWS

We're ready for summer thanks to Dave Marks and his able assistants, Mike McNabb and Renee Gaudet!

New Dock and Repairs – With two brand new docks for the Junior Activities program and repairs throughout the older docks and railway, we're ready for action. Spring set up has become more of a challenge every year. Besides installing and repairing floats, the railway required extensive shoring up this spring to keep it stable against the ever-eroding shoreline. With help from Renee and Mike, David has once again pulled everything together and the club looks great. Do pass on thanks and praise to this hard-working crew.

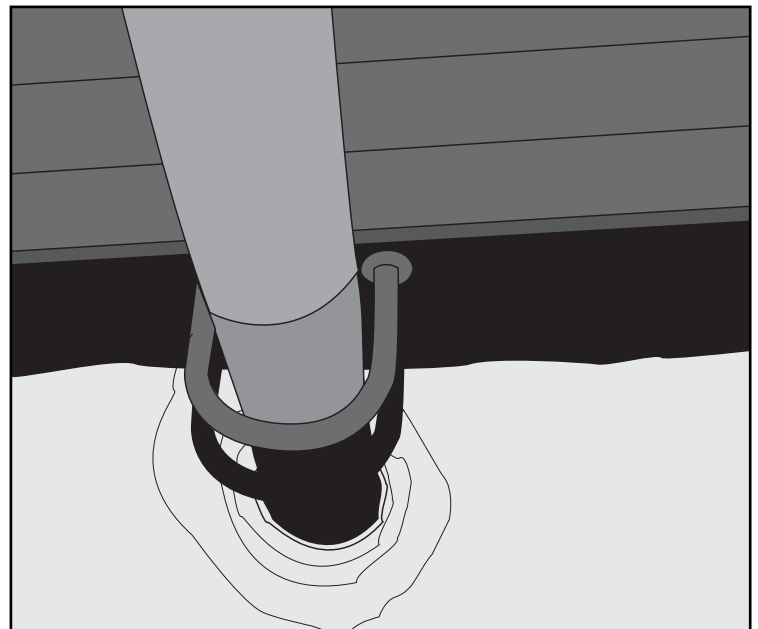
Railway Use - When launching or working on your boats, remember to schedule with David to be sure the railway is available. Be considerate of tying up the railway during high-use periods.

Parking and Guests - You may notice that the parking lot has been re-striped with one less parking space. This reconfiguration was necessary to allow for easier traffic flow through the lot. We need your help with the parking situation this summer. Weekends are especially crowded and, at times, parking has extended onto Margin Street and Atlantic Avenue. Please do whatever you can to conserve space - bring only one car per family and walk or ride bikes if you can. Bring guests or other members with you, rather than meeting them at the club. Also, it would be greatly appreciated if you would bring the smaller of your two cars. When parking, be careful not to block access to the railway. Backing a 210 onto the rail can be a challenge even when the lot is empty! If we are all conscientious, we can reduce our parking problems and have a great summer.

As a reminder, guests and relatives are only allowed at the club when accompanied by a member.

Thanks in advance for helping to make 2005 a great boating season!

- Peter H. Pearce, Chairman, House Committee



RACE COMMITTEE REPORT

The Race Committee is pleased to report that the season officially began with the timely firing of the starting gun on the *Dickson* at 2:00 pm on June 4th, 2005. We'd like to take credit for the beautiful blue skies, balmy temperature and favorable breezes but unfortunately, we have not yet acquired the ability to alter space and time – although we are training hard! Suggestions as to the appropriate sacrificial offerings to the yachting gods are always welcome but you will have to demonstrate the effectiveness first.

The seven 210s participating in the first day of racing enjoyed themselves so much that the Committee provided a third race. Even though this third race didn't officially count for the Bemis, there was no lessening of competitive intensity.

For the less bloodthirsty types, the Wednesday night series started on June 1st. The conditions were glorious but we only had one 210 on the water that night. The Committee did a trial run on the club's boat *Moonbeam*. Thanks to David Mark's hard work, *Moonbeam* is ready to serve as committee boat for those of you who'd like to help run the races on Wednesday nights but do not have access to a suitable committee boat, i.e. one with an engine. The Race Committee is looking for volunteers – send an e-mail to kodonnell@kplaw.com if you are available, no official appointment to the Race Committee is required.

The Sullivan Regatta will be taking place on June 18th and 19th. We expect that this regatta will provide a great opportunity to practice for the 210 Nationals later this summer. Don't be surprised if a few "foreigners" show up to get a jump on local knowledge.

As a final note, some of you may have been the recipients of a seemingly endless string of e-mails between the Race Committee and the 210 fleet on the use of VHF radios while racing. The Race Committee may choose to use Channel 71 to convey information to the fleet, particularly the sail numbers of boats called over at the start. This information might include a course change or abandonment of a race. It will not include information on dinner reservations, movie reviews or winners of American Idol. Boats are strongly advised to contact the Race Committee on Channel 71 if retiring from the race. While some may condemn the encroachment of technology on the race course, there is really no quicker way, short of firing flare guns, to summon help in the event of an emergency. Here's hoping that we never need to demonstrate the radio's effectiveness in such a situation.

And so, we're off and running. See you out there!

- Kathleen O'Donnell, Co-Chair, Race Committee

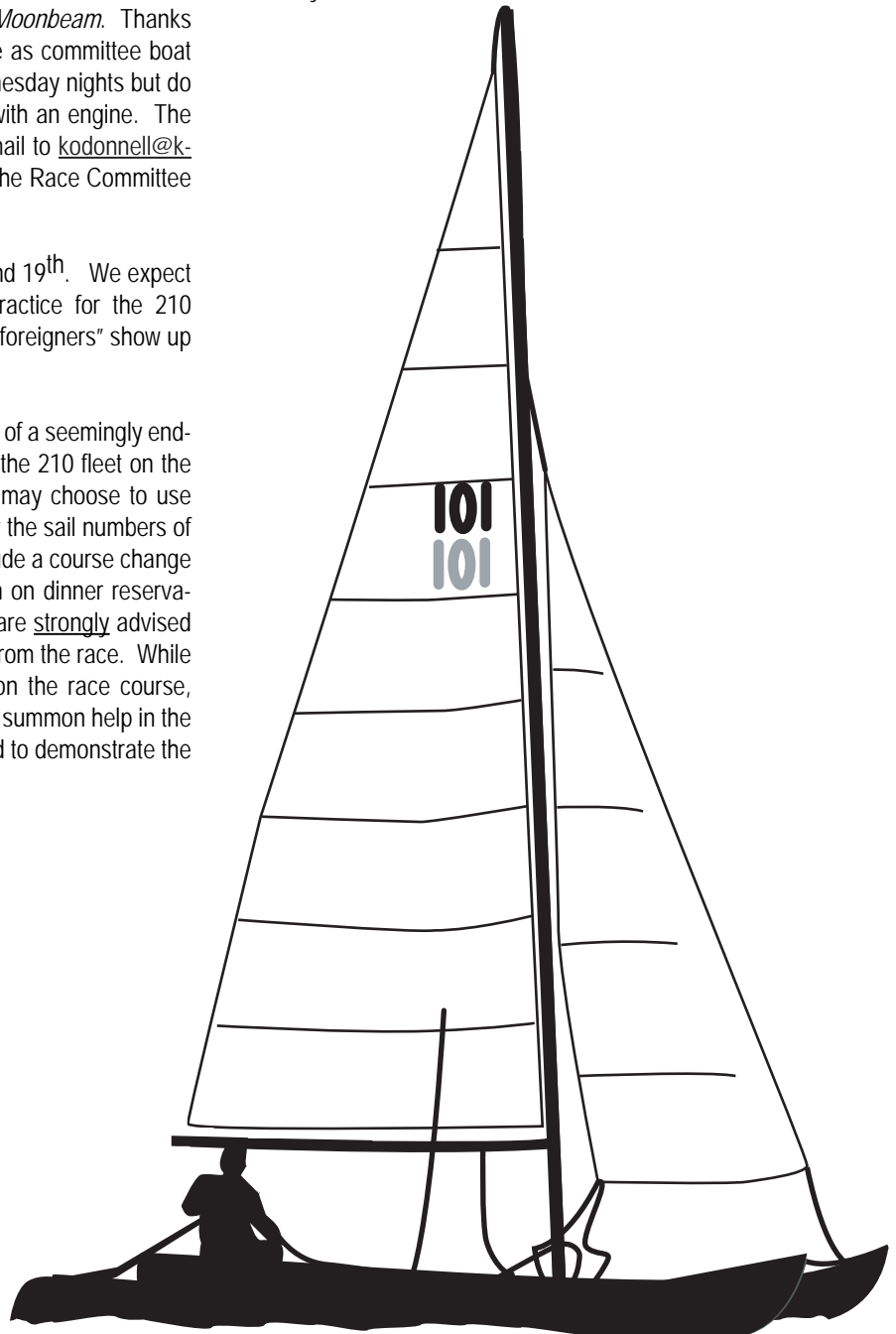
HERRESHOFF FLEET INITIATES THE 2005 SEASON!

As with some many other planned endeavors, our terrible May weather took its toll in terms of boat preparation schedules. While the majority of the fleet is now in the water, we'll reach our full compliment of 13 over the July 4th weekend. Of special note, the club's two boats (*Fiddler and Sweetpea*) are looking especially spiffy, thanks to Tom Callahan and others from the Adult Sailing Program.

We have 13 boats in our fleet, with the possibility of adding one or two more as the season progresses. For us, Wednesday evening "racing" began on June 18th. Anyone interested in crewing on Wednesdays should contact Woody Chittick at least 24 hours in advance.

More as the season gets going.

- Woody Chittick



ADULT SAILING

Adult Sailing is well underway! About eighteen CYC sailors have volunteered to help teach the close to 30 adult students registered to date. Registrations will be accepted all summer long ... but don't wait too long! Summer session begins Tuesday afternoon, July 5th and will run for seven weeks through Thursday, August 18th.

Class Times:

Tuesdays 1:30 pm – 3:30 pm

Thursdays 6:00 pm – 8:00 pm

Sundays 9:00 am – 11:00 am

We have a few surprises planned including a Big Boat outing and a few classes on 210s. Registration is easy! Just log onto CohassetYC.org to register online, or e-mail Judy Tedeschi at MinotsLight@comcast.net. Adult Sailing- It's all about the fun!

We had about 60 adults at the party on June 3rd. What a great collection of people - with wide age and sailing experience ranges but shared enthusiasm! As is typical of pot-luck parties, the food was sumptuous! Thank you to the Eymers for the poster and the new curriculum cards, and to Stacey Steele, Judy Tedeschi and the Eymers for decoration and organization. Many thanks to Judy Tedeschi and her registration helpers, Bernadette Faulkner and Stacey Steele, for organizing the students and teachers. We had several new instructors sign up that night!

Our next social event is the Fire and Ice get-together on Wednesday July 6th, after racing. BYO food to grill, liquids to drink, and we supply the grills and ice.

Sweet Pea and *Fiddler* are ready to go! Many thanks to Tom Callahan for organizing the boat commissioning and to his crew of helpers: Dave Marks & crew, Steve Brown, Ken Cook, Lisa & Jeff Pratt, Judy & Phil Tedeschi, Barbara & John Canney, John Naples, Dick Karoff, Lindsey Durant and Woody Chittick.

If you want to use one of the CYC 12s, the rules are fairly simple: 1) members must be certified; 2) members must make reservations to use and there is a time limit on use to allow others the opportunity (the reservation book is in the launch driver's house on the dock); 3) the Adult Sailing Program lessons have first priority, followed by the Junior Program; and 4) boats are available for Wednesday races but not weekend races.

Certification is required for any member to sign out a boat. Every boat is different, and we want to make sure that no one gets injured, these club assets are kept in good shape, and there is no damage to other boats. Certification will include a review of rigging/unrigging the 12s and proper sign-out procedures, as well as a determination that the sailing skills are there for successful navigation off and back to the mooring, and in and out of the channel. If you wish to be certified, you should be confident that you could take the 12s out with no one else in the boat, in most weather conditions. For students in the Adult Sailing lessons, this may be a goal for the end of the summer session. If you are not completely confident, it is probably worthwhile to attend some portion of the Adult Sailing lessons. By the time you read this issue of *The Binnacle*, the first round of certification will have taken place. A current list of certified members will be kept in the file box at the launch driver's house. To be certified, please email or call Steve Bobo sbobo@comcast.net (before July 4th) or Steve Brown sfbrown@MIT.EDU (after July 4th).

- Betts Murray & Steve Brown, Co-chairs



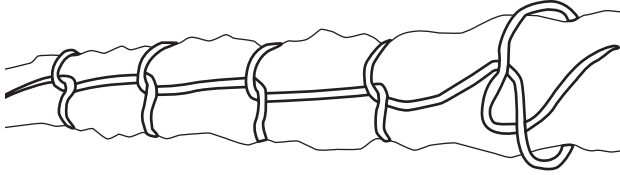
KNOT A CLEW

The Marling Hitch

A series of marling hitches can be used to lash a sail to its boom or yard, or to secure a bundle of sail to a guardrail or to the boom.

Each of the series of hitches is formed by passing the line down around the sail bundler (for example), up over the part lying along the sail and then tucked down under itself in a direction on along the bundle of the sail. Instead of tucking the working end down under itself it may just as well be tucked upwards. In both cases the effect is a chain of overhand knots spread out along the sail.

See diagram below.



Source - *The Essential Knot Book* by Colin Jarman

NAUTICAL KNOW HOW

To Make a Board – To run a certain distance upon one tack, in beating to windward.

To Make Foul Water – To muddy the water by running in shallow places so that the ship's keel disturbs the mud at the bottom.

Marline – A small line to seize blocks in their straps, etc.

Messenger – A small kind of cable, which being brought to the capstain and the cable by which the ship rides make fast to it, it purchases the anchor.

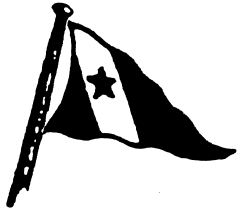
To Middle a Rope – To double it into equal parts.

To Miss Stays – A ship is said to Miss Stays, when her head will not fly up into the direction of the wind, in order to get her on the other tack.

Monkey – A small cannon.

Mouse – A kind of ball, wrought upon the collar of the stays.

Muster – To assemble.



COHASSET YACHT CLUB
COHASSET, MASS.